

Request for Board Sponsorship –
Free Traditional Chinese Medicine Community Workshop
August 8, 2026, Saturday 1-3 PM

Dear Board Members of the Mendocino Coast Health Care District,

My name is Denise Lee, a fourth-generation descendant of the Temple of Kwan Tai in Mendocino. I enjoy supporting projects that share our region's Chinese American history while also offering meaningful wellness education for the community.

I'm writing to kindly request the District's sponsorship of a free Traditional Chinese Medicine workshop on Saturday, August 8, 2026, from 1–3 PM at the Community Center of Mendocino. The presentation will be led by Jessica Curl Rose of Three Springs Institute and Clinic and will introduce residents to simple, accessible Traditional Chinese Medicine practices that may support their wellness. It will follow with a fundraiser in making an herbal tea for participants to take home for a charge as CCM is not charging to host and to support future community events.

This event combines health education, cultural history, and community connection. District sponsorship would help broaden awareness of the workshop, and your support would be gratefully acknowledged in our event flyer and promotion.

Thank you for your time and for all you do to support the health of the Mendocino community. I sincerely appreciate your consideration of this request.

Warm regards,
Denise Lee